

## WE'RE LOOKING FOR YOU

Are you a current member or Veteran of the Canadian Armed Forces who identifies as a woman? Researchers at Queen's University in Kingston, ON are looking for 5-6 CAF members or Veterans to join a short-term advisory council for a research study looking at the impact of stress on health outcomes. Advisory council members will be compensated for their time.



### **ABOUT THE PROJECT**

Photo credit: Cpl. Laura Landry, Canadian Armed Forces



#### THE RESEARCH

This project uses data from the 2019 Canadian Armed Forces Health Survey to explore how stress, including work stress, influences health outcomes and healthcare screening behaviours.



#### **OUR COLLABORATION**

You'll work closely with a team of four researchers who have experience in military and Veteran health research to guide this project and ensure its relevance for CAF members and Veterans.



#### **YOUR ROLE**

As an advisory council member, you will attend 3 to 4 meetings via videoconference, and provide valuable input on the research plan and findings. Advisory council members will be compensated for their time at a rate of \$50/hour.



#### THE IMPACT

Your reflections are integral to forming actionable recommendations to improve the well-being of CAF members and Veterans, stemming from this research.

# WE'RE LOOKING FORWARD TO HEARING FROM YOU

To learn more about the research or how to join our advisory group, please contact our team at the email address below.

